

Prova 6

Masc., 400m Estilos

Juvenis

29/05/2022 - 9:55

Resultados

Recordes Regionais Absoluto	4:22.94	Nuno Goncalo, QUINTANILHA	LDC	Sines	21/12/2008
Recordes Regionais Juv. A	4:40.70	Tiago Miguel, VILHENA	CNFA	Guarda	02/12/2016
Recordes Regionais Juv. B	4:40.24	Tiago Miguel, VILHENA	CNFA	Setubal	04/12/2015

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
<b>Juvenis B</b>			
1. Dario Cristiano, MARICI	07	Louletano / Loule Concelho	<b>5:32.04</b> 353
50m: 34.16 34.16	150m: 1:59.79	46.52 250m: 3:27.24 43.30	350m: 4:54.11 40.80
100m: 1:13.27 39.11	200m: 2:43.94	44.15 300m: 4:13.31 46.07	400m: 5:32.04 37.93
2. Pedro Mestre, FAISCA	07	Louletano / Loule Concelho	<b>5:32.20</b> 353
50m: 34.67 34.67	150m: 2:01.33	44.08 250m: 3:30.17 45.63	350m: 4:56.22 37.99
100m: 1:17.25 42.58	200m: 2:44.54	43.21 300m: 4:18.23 48.06	400m: 5:32.20 35.98
3. Alexandre Miguel, EIRA	07	Portinado	<b>5:37.15</b> 337
50m: 34.53 34.53	150m: 2:01.33	46.10 250m: 3:34.55 48.42	350m: 5:01.77 39.04
100m: 1:15.23 40.70	200m: 2:46.13	44.80 300m: 4:22.73 48.18	400m: 5:37.15 35.38
4. David Martins, CARMO	07	Natacao de Olhao	<b>5:40.81</b> 327
50m: 35.21 35.21	150m: 2:03.53	46.23 250m: 3:38.09 50.75	350m: 5:05.50 36.55
100m: 1:17.30 42.09	200m: 2:47.34	43.81 300m: 4:28.95 50.86	400m: 5:40.81 35.31

DSQ Henrique Perez, BRESSAN 07 Portinado  
*SW 7.6 - O (a) atleta tocou com uma mão na parede na viragem aos 50 metros*

Juvenis A

1. Yury, FOMIN	06	Louletano / Loule Concelho	<b>4:42.44</b> 574
50m: 30.05 30.05	150m: 1:41.24	37.28 250m: 2:57.45 40.80	350m: 4:11.57 33.01
100m: 1:03.96 33.91	200m: 2:16.65	35.41 300m: 3:38.56 41.11	400m: 4:42.44 30.87
2. Mark Ronald, PINTO	06	Louletano / Loule Concelho	<b>5:03.41</b> 463
50m: 31.93 31.93	150m: 1:48.93	40.16 250m: 3:11.14 43.72	350m: 4:30.01 34.32
100m: 1:08.77 36.84	200m: 2:27.42	38.49 300m: 3:55.69 44.55	400m: 5:03.41 33.40
3. Pedro Sousa, GONCALVES	06	Natacao de Olhao	<b>5:07.71</b> 444
50m: 30.73 30.73	150m: 1:47.39	40.55 250m: 3:12.43 44.90	350m: 4:32.65 35.92
100m: 1:06.84 36.11	200m: 2:27.53	40.14 300m: 3:56.73 44.30	400m: 5:07.71 35.06
4. Nicolae, FISTICANU	06	Louletano / Loule Concelho	<b>5:18.74</b> 399
50m: 31.85 31.85	150m: 1:52.90	42.81 250m: 3:17.23 42.74	350m: 4:40.05 39.12
100m: 1:10.09 38.24	200m: 2:34.49	41.59 300m: 4:00.93 43.70	400m: 5:18.74 38.69
5. Alexandre Santos, PIRES	06	Natacao de Olhao	<b>5:54.24</b> 291
50m: 37.59 37.59	150m: 2:07.95	45.14 250m: 3:41.41 50.27	350m: 5:15.97 42.97
100m: 1:22.81 45.22	200m: 2:51.14	43.19 300m: 4:33.00 51.59	400m: 5:54.24 38.27