

Torneio de Verão de Infantis, Juvenis, Juniores e Seniores / Natação Adaptada
Quarteira , 25/6/2023

Prova 23 Masc., 400m Livres 13 anos e mais velhos
25/06/2023 - 16:30 Resultados

Recordes Regionais Sen	3:55.02	Miguel Martins, PIRES	LDC	Felgueiras	22/11/2002
Recordes Regionais Jun. 2	4:01.65	Joao Duarte, SANTOS	CNOL	S. Antonio Cavaleiros	21/12/2012
Recordes Regionais Jun. 1	4:05.34	Joao Duarte, SANTOS	CNOL	Silves	03/12/2011
Recordes Regionais Juv. A	4:10.23	Tiago Miguel, VILHENA	SANALG	Abrantes	04/03/2017
Recordes Regionais Juv. B	4:09.85	Tiago Miguel, VILHENA	CNFA	Setubal	05/12/2015
Recordes Regionais Inf. A	4:19.82	Joao Duarte, SANTOS	CNOL	Pinhal Novo	07/03/2009
Recordes Regionais Inf. B	4:37.22	Jose Miguel, RODEIA	CNFA	Sines	08/04/2017
Rec Nac Adaptada S6	5:22.26	Daniel Carlos, VIDEIRA	GESL	Guarda	17/02/2019
Rec Nac Adaptada S7	5:26.37	Daniel Carlos, VIDEIRA	GESL	Vila Franca de Xira	04/02/2018
Rec Nac Adaptada S14	4:46.94	Samuel Lima, DUARTE	FVCD	Santa Maria da Feira	21/01/2023
Rec Nac Adaptada S17	5:09.85	Joaquim Eduardo, CARVALHO	CNF	Funchal	27/05/2023
Rec Nac Adaptada S21	5:44.53	Andre Reis, ALMEIDA	SCP	Abrantes	02/07/2022

Pontos: FINA 2023

Lugar Ano Tempo final Pts

Infantis B

1. Albert, LUCA	10	Aquatico Silves	5:07.82
50m: 33.29 33.29	150m: 1:49.11 38.14	250m: 3:07.29 39.30	350m: 4:28.13 41.03
100m: 1:10.97 37.68	200m: 2:27.99 38.88	300m: 3:47.10 39.81	400m: 5:07.82 39.69
2. Francisco Reis, PETERSSON	10	Naval de Faro	5:27.35
50m: 39.77 39.77	150m: 2:04.36 42.34	250m: 3:28.23 41.68	350m: 4:50.26 40.73
100m: 1:22.02 42.25	200m: 2:46.55 42.19	300m: 4:09.53 41.30	400m: 5:27.35 37.09

Infantis A

1. Tomas Santos, MIGUEL	09	Aquatico Silves	5:29.56
50m: 38.22 38.22	150m: 2:01.77 41.81	250m: 3:26.40 41.93	350m: 4:51.17 42.54
100m: 1:19.96 41.74	200m: 2:44.47 42.70	300m: 4:08.63 42.23	400m: 5:29.56 38.39
2. Tiago Miguel, ROSARIA	09	Naval de Faro	6:38.47
50m: 42.48 42.48	150m: 2:22.51 52.09	250m: 4:05.29 51.68	350m: 5:47.84 51.21
100m: 1:30.42 47.94	200m: 3:13.61 51.10	300m: 4:56.63 51.34	400m: 6:38.47 50.63

Juvenis B

1. Eugenio, PASECHKO	08	Natacao de Lagos	4:34.01
50m: 31.08 31.08	150m: 1:39.70 34.84	250m: 2:49.92 35.14	350m: 4:00.11 34.90
100m: 1:04.86 33.78	200m: 2:14.78 35.08	300m: 3:25.21 35.29	400m: 4:34.01 33.90
2. Diogo Jose, MATEUS	08	Lagoa AC	4:44.40
50m: 30.24 30.24	150m: 1:40.64 36.21	250m: 2:53.15 36.24	350m: 4:08.22 37.60
100m: 1:04.43 34.19	200m: 2:16.91 36.27	300m: 3:30.62 37.47	400m: 4:44.40 36.18
3. Rafael Neves, PITEIRA	08	Naval de Faro	5:33.91
50m: 36.19 36.19	150m: 2:00.16 42.71	250m: 3:26.93 43.71	350m: 4:52.17 42.43
100m: 1:17.45 41.26	200m: 2:43.22 43.06	300m: 4:09.74 42.81	400m: 5:33.91 41.74

Juvenis A

1. Miguel Lourenco, VELHINHO	07	Lagoa AC	4:28.77
50m: 28.94 28.94	150m: 1:34.58 33.67	250m: 2:44.46 35.35	350m: 3:54.63 35.17
100m: 1:00.91 31.97	200m: 2:09.11 34.53	300m: 3:19.46 35.00	400m: 4:28.77 34.14